



BOOT Recommendations

	LS 2010	LS 1310	HLS 1500	Elite Royal 900	Gold Star 375	Silver Star 355	Bronze Star 320	Gold Medallion 300	Silver Medallion 220	Bronze Medallion 280	Blue Ribbon 121	Red Ribbon 117	White Ribbon 112	Yellow Ribbon 110
ISI Test Levels	TOT 1, 2, 3 & 4										*	*	*	*
	PRE-ALPHA								*		*	*	*	*
	ALPHA								*	*	*			
	BETA & GAMMA							*	*	*	*			
	DELTA							*	*	*	*			
	FREESTYLE TEST 1 & 2						*	*	*	*				
	FREESTYLE TEST 3 & 4		*				*							
	FREESTYLE TEST 5		*			*	*							
	FREESTYLE TEST 6 & 7				*	*								
	FREESTYLE TEST 8				*	*								
FREESTYLE TEST 9 & 10	*		*	*										
USFSA Basic Skills Program	SNOWPLOW SAM 1, 2 & 3										*	*	*	*
	BASIC 1, 2 & 3							*	*	*	*			
	BASIC 4 & 5							*	*	*	*			
	BASIC 6						*	*	*	*	*			
	FREESTYLE 1 & 2						*	*	*	*				
	FREESTYLE 3 & 4		*			*	*							
	FREESTYLE 5		*			*	*							
	FREESTYLE 6				*	*	*							
USFSA Standard Tests	PRELIMINARY FREE SKATE		*			*	*							
	JUVENILE FREE SKATE		*			*	*							
	INTERMEDIATE FREE SKATE		*			*	*							
	NOVICE FREE SKATE		*		*	*	*							
	JUNIOR FREE SKATE		*		*	*	*							
	SENIOR FREE SKATE	*		*	*	*	*							
	ADULT BRONZE FREE SKATE		*			*	*	*						
	ADULT SILVER FREE SKATE		*			*	*							
	ADULT GOLD FREE SKATE	*		*	*	*	*							
	INTERMEDIATE PAIR		*			*	*							
	NOVICE PAIR		*		*	*	*							
	JUNIOR PAIR		*		*	*	*							
	SENIOR/GOLD PAIR	*		*	*	*	*							
	NOVICE/JUNIOR DANCE		*			*	*							
	SENIOR/ADULT DANCE				*	*	*							
	PRELIMINARY SYNCHRO		*			*	*							
	JUVENILE SYNCHRO		*			*	*							
	INTERMEDIATE SYNCHRO		*			*	*							
	NOVICE SYNCHRO		*		*	*	*							
	JUNIOR SYNCHRO		*		*	*	*							
SENIOR SYNCHRO	*	*	*	*	*	*								
ADULT SYNCHRO		*		*	*	*								
Canadian Test Guidelines	SKATE CANADA 1 - 4											*	*	*
	SKATE CANADA 3 - 7										*	*	*	*
	SKATE CANADA 5 - 7										*	*	*	*
	PRELIMINARY FREESTYLE							*	*	*	*	*		
	PRELIMINARY DANCES							*	*	*	*	*		
	JUNIOR BRONZE FREESTYLE		*			*	*	*	*	*	*			
	JUNIOR BRONZE DANCES		*			*	*	*	*	*	*			
	SENIOR BRONZE FREESTYLE		*			*	*	*	*	*	*			
	SENIOR BRONZE DANCES		*			*	*	*	*	*	*			
	JUNIOR SILVER FREESTYLE		*			*	*	*	*	*	*			
	JUNIOR SILVER DANCES		*			*	*	*	*	*	*			
	SENIOR SILVER FREESTYLE	*		*	*	*	*	*	*	*	*			
	SENIOR SILVER DANCES	*		*	*	*	*	*	*	*	*			
	PRE-NOVICE COMPETITION		*			*	*	*	*	*	*			
	GOLD FREESTYLE, GOLD DANCES, NOVICE/JR COMPETITION	*		*	*	*	*	*	*	*	*			
	GOLD FREESTYLE, GOLD DANCES, DIAMOND DANCES, SR COMP.	*		*	*	*	*	*	*	*	*			
	JUVENILE SYNCHRO		*			*	*	*	*	*	*			
	NOVICE SYNCHRO		*			*	*	*	*	*	*			
	JUNIOR SYNCHRO	*	*	*	*	*	*	*	*	*	*			
	SENIOR SYNCHRO	*	*	*	*	*	*	*	*	*	*			
ADULT SYNCHRO		*		*	*	*	*	*	*	*				